

October

Chester High School Lunch Menu

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Chester High School Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Hamburger Helper	chicken wraps	Chicken O's	Sausage Egg n Cheese Biscuit	
or pizza	or Cooks Choice	or Pizza	or cooks choice	
peas	lettuce, cheese	Fresh Carrots	Hashbrowns	No School
romaine salad	corn	Baked Beans	Yogurt Parfait	
pineapple or fresh fruit	Pears or Fresh Fruit	Applesauce	Peaches or Fresh Fruit	
Milk	Milk	Milk	Milk	
9	10	11	12	13
	chicken quesadilla	Crispy Chicken Sandwich	chicken Wrap	crispito
	or Cooks Choice	or Pizza	or Cooks Choice	or Pizza
No School	corn	Fresh Carrots	Lettuce, cheese	French Fries
	black beans	chips	celery sticks	broccoli
	Pears or Fresh Fruit	Applesauce	Peaches or Fresh Fruit	Strawberries or Fresh Fruit
	Milk	Milk	Milk	Milk
16	17	18	19	20
Bbq Rib on Bun	Chicken Nuggets	Turkey Sandwich	Fettuccine Alfredo	
or Pizza	Cook Choice	or Pizza	or Cooks Choice	
Chips	Mac and Cheese	Broccoli	Peas	No School
Fresh Carrots	green beans	yogurt	Dinner Roll	
Pineapple or Fresh Fruit	Pears or Fresh Fruit	Applesauce	Peaches or Fresh Fruit	
Milk	Milk	Milk	Milk	
23	24	25	26	27
Chicken Bacon Ranch	Walking Taco	Popcorn Chicken	Stuffed Crust Pizza	pretzel sticks w cheese
Cooks Choice	or Sandwich	or Pizza	or Pizza Crunchers	or pizza
Peas	lettuce, cheese	mashed potatoes	Romaine Salad	Baked Beans
Dinner Roll	fresh carrots	green beans	Broccoli	Cookie
Pineapple or Fresh fruit	Pears or Fresh Fruit	Mixed Fruit or Fresh Fruit	Peaches or Fresh Fruit	Strawberries or Fresh Fruit
Milk	Milk	Milk	Milk	Milk
30	31			
Pizza Sticks	General Tso Chicken			
or Pizza	or sandwich			
corn	Fried Rice			
chips	Broccoli			
Pineapple or Fresh Fruit	Pears or Fresh Fruit			
Milk				

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Type *A* meal is 3,4,or 5 components and includes a fruit or a vegetable MENUS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY!